UNIVERSITY OF IOWA HEALTH CARE | Aesthetic Consultants of Iowa PLASTIC AND RECONSTRUCTIVE SURGERY

Abdomen

Name:_____ **DOB:**_____ **Date:**_____

Age:_____ Height:_____ Weight:_____ Months at current weight?_____

Lifetime maximum weight?_____ 5 year **minimum** weight?_____ 5 year **maximum** weight?_____

What bothers you about your abdomen?_____

Why are you considering surgery now? _____

Activity Level: _____ Planning any weight loss?: Yes/ No

What are you doing to accomplish your weight loss goals? _____

Abdominal History

Any previous abdominal surgeries (Date/Surgeon)?

_____

_____

_____

_____

_____

Any other questions you would like addressed?

_____

_____

Number of children: _____

Ages of children:_____

Plan on having more children? Yes/ No

Method of current birth control? _____

Patient Signature: _____

Any Personal history of the following?
If yes, please list approximate age of onset.

Yes No

- ☐ ☐ Chronic rashes on belly
- ☐ ☐ Intermittent rashes on belly
- ☐ ☐ Abdominal hemias
- ☐ ☐ Pain in legs with walking or standing
- ☐ ☐ Blood clots in legs / DVT
- ☐ ☐ Family History of Blood Clots I DVT
- ☐ ☐ Pulmonary Embolus (PE)
- ☐ ☐ New onset lower extremity swelling
- ☐ ☐ Sleep Apnea
- ☐ ☐ Asthma
- ☐ ☐ Smoking
- ☐ ☐ Constipation or Diarrhea
- ☐ ☐ Irritable bowel syndrome

For Nurse Use Only HR:_____ BP:_____ O2:_____ BMI:_____

Each Risk Factor Represents 1 Point

- ❑ Age 41-60 years
- ❑ Swollen legs (current)
- ❑ Varicose veins
- ❑ Obesity (BMI >25)
- ❑ Minor surgery planned
- ❑ Sepsis (<1 month)
- ❑ Acute myocardial infarction
- ❑ Congestive heart failure (<1 month)
- ❑ Medical patient currently at bed rest
- ❑ History of inflammatory bowel disease
- ❑ History of prior major surgery (<1 month)
- ❑ Abnormal pulmonary function (COPD)
- ❑ Serious Lung disease including pneumonia (<1 month)
- ❑ Oral contraceptives or hormone replacement therapy
- ❑ Pregnancy or postpartum (<1 month)
- ❑ History of unexplained stillborn infant, recurrent spontaneous abortion (≥ 3), premature birth with toxemia or growth-restricted infant
- ❑ Other risk factors_____

Subtotal:

Each Risk Factor Represents 5 Points

- ❑ Stroke (<1 month)
- ❑ Multiple trauma (<1 month)
- ❑ Elective major lower extremity arthroplasty
- ❑ Hip, pelvis or leg fracture (<1 month)
- ❑ Acute spinal cord injury (paralysis) (<1 month)

Subtotal:

Each Risk Factor Represents 2 Points

- ❑ Age 61-74 years
- ❑ Arthroscopic surgery
- ❑ Malignancy (present or previous)
- ❑ Laparoscopic surgery (>45 minutes)
- ❑ Patient confined to bed (>72 hours)
- ❑ Immobilizing plaster cast (<1 month)
- ❑ Central venous access
- ❑ Major surgery (>45 minutes)

Subtotal:

Each Risk Factor Represents 3 Points

- ❑ Age 75 years or older
- ❑ History of DVT/PE
- ❑ Positive Factor V Leiden
- ❑ Elevated serum homocysteine
- ❑ Heparin-induced thrombocytopenia (HIT)
  (Do not use heparin or any low molecular weight heparin)
- ❑ Elevated anticardiolipin antibodies
- ❑ Other congenital or acquired thrombophilia
- ❑ **Family History of thrombosis***
- ❑ Positive Prothrombin 20210A
- ❑ Positive Lupus anticoagulant

If yes: Type_____

*** most frequently missed risk factor**

Subtotal:

TOTAL RISK FACTOR SCORE: