

Name \_\_\_\_\_ DOB: \_\_\_\_\_ Date \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Months at current weight? \_\_\_\_\_  
Lifetime maximum weight? \_\_\_\_\_ 5 year minimum weight? \_\_\_\_\_ 5 year maximum weight? \_\_\_\_\_

What bothers you about your abdomen?: \_\_\_\_\_

Why are you considering surgery now?: \_\_\_\_\_

Activity Level: \_\_\_\_\_ Planning any weight loss?: Yes / No

What are you doing to accomplish your weight loss goals?: \_\_\_\_\_

**ABDOMINAL HISTORY**

Any previous abdominal surgeries (Date/Surgeon)?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Any other questions you would like addressed?

\_\_\_\_\_

Number of children: \_\_\_\_\_

Ages of children: \_\_\_\_\_

Plan on having more children? Yes / No

Method of current birth control? \_\_\_\_\_

Patient Signature: \_\_\_\_\_

\_\_\_\_\_

**Any Personal history of the following? If yes, please list approximate age of onset.**

Yes No

- Chronic rashes on belly
- Intermittent rashes on belly
- Abdominal hernias
- Pain in legs with walking or standing
- Blood clots in legs / DVT
- Family History of Blood Clots / DVT
- Pulmonary Embolus (PE)
- New onset lower extremity swelling
- Sleep Apnea
- Asthma
- Smoking
- Constipation or Diarrhea
- Irritable bowel syndrome

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**FOR NURSE USE ONLY**

BP: \_\_\_\_\_ HR: \_\_\_\_\_ Temp: \_\_\_\_\_ BMI: \_\_\_\_\_

**Each Risk Factor Represents 1 Point**

- Age 41-60 years
- Minor surgery planned
- History of prior major surgery (< 1 month)
- Varicose veins
- History of inflammatory bowel disease
- Swollen legs (current)
- Obesity (BMI > 25)
- Acute myocardial infarction
- Congestive heart failure (< 1 month)
- Sepsis (< 1 month)
- Serious lung disease incl. pneumonia (< 1 month)
- Abnormal pulmonary function (COPD)
- Medical patient currently at bed rest
- Other risk factors \_\_\_\_\_

**Each Risk Factor Represents 3 Points**

- Age over 75 years
- History of DVT/PE
- Family history of thrombosis\***
- Positive Factor V Leiden
- Positive Prothrombin 20210A
- Elevated serum homocysteine
- Positive lupus anticoagulant
- Elevated anticardiolipin antibodies
- Heparin-induced thrombocytopenia (HIT)
- Other congenital or acquired thrombophilia

If yes:  
Type \_\_\_\_\_

**Each Risk Factor Represents 2 Points**

- Age 60-74 years
- Arthroscopic surgery
- Malignancy (present or previous)
- Major surgery (> 45 minutes)
- Laparoscopic surgery (> 45 minutes)
- Patient confined to bed (> 72 hours)
- Immobilizing plaster cast (< 1 month)
- Central venous access

**Each Risk Factor Represents 5 Points**

- Elective major lower extremity arthroplasty
- Hip, pelvis or leg fracture (< 1 month)
- Stroke (< 1 month)
- Multiple trauma (< 1 month)
- Acute spinal cord injury (paralysis)(< 1 month)

**For Women Only (Each Represents 1 Point)**

- Oral contraceptives or hormone replacement therapy
- Pregnancy or postpartum (<1 month)
- History of unexplained stillborn infant, recurrent spontaneous abortion (≥ 3), premature birth with toxemia or growth-restricted infant

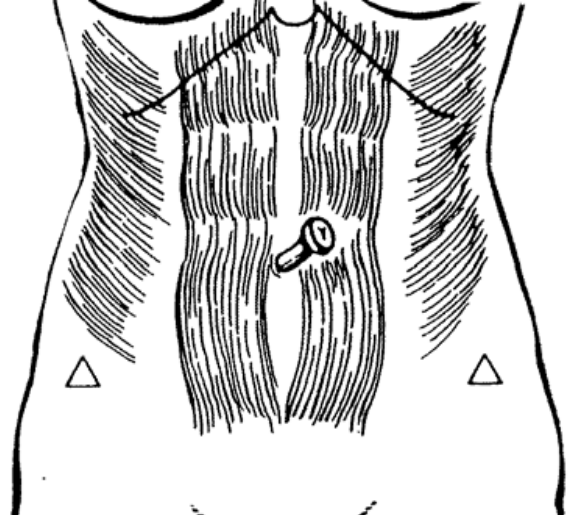
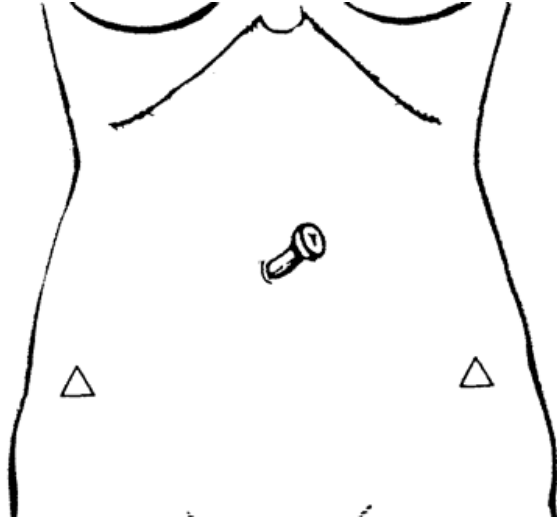
**Total Risk Factor Score**

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FOR PHYSICIAN USE ONLY

# Abdomen

Name \_\_\_\_\_ DOB: \_\_\_\_\_ Date \_\_\_\_\_



**ICD 10 Diagnosis**

- L30.4 Intertrigo
- R21 Rashes
- E65 Localized adiposity
- M54.6 Thoracic back pain
- M54.5 Low back pain
- M54.9 Back pain, unspecified
- Smoking
- BMI >35
- Uncontrolled DM
- Cardiopulmonary Disease
- Unstable weight

**PLAN:**

**Facility:**

- SCCR
- Mercy CR
- St. Lukes CR
- + Overnight stay
- 2 Day Stay

**ASA Classification:**

1. Normal healthy
2. Mild systemic disease
3. Severe systemic disease or multiple mild diseases
4. Severe disease / constant threat to life

**Orders:**

**Imaging:**

- CT noncontrast abd pelvis
- US abd pelvis
- MRI abd pelvis

**Labs:**

- Albumin / Prealbumin / Transferrin
- H/H, Iron
- B12 (Cobalamin) / B1 (Thiamine)
- BMP / Ca / Mg
- A1C
- Uhcg

**Outside Records:**

**DVT Chemoprophylaxis:**

- Lovenox
- Heparin

**PCP Clearance / Psychiatry Clearance**

- Preop Two Week Abdominal Binder
- Preop One Day Laxative / Liquid Diet