

**Abdominal Information Record**  
*please complete this for your record*

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ Current Weight: \_\_\_\_\_ Maximum weight \_\_\_\_\_

5 year minimum weight \_\_\_\_\_ 5 year maximum weight \_\_\_\_\_ Desired goal weight \_\_\_\_\_

Do you have problems with rashes beneath your belly? \_\_\_\_\_ Are they chronic/intermittent (circle one)  
If so, how are they treated and by whom?

Do you have any problems with back pain? \_\_\_\_\_ If so, for how long? \_\_\_\_\_. How is it treated and  
by whom? \_\_\_\_\_

\_\_Have you undergone surgery for morbid obesity? If so, please complete below:

Where done \_\_\_\_\_ Date \_\_\_\_\_ By Whom: \_\_\_\_\_

History of thrombophlebitis \_\_\_\_\_ Blood clots \_\_\_\_\_ Pulmonary embolus \_\_\_\_\_

Have you had any other abdominal surgeries? If so, complete below:

Procedure: \_\_\_\_\_ Date \_\_\_\_\_ Procedure: \_\_\_\_\_ Date \_\_\_\_\_

Procedure: \_\_\_\_\_ Date \_\_\_\_\_ Procedure: \_\_\_\_\_ Date \_\_\_\_\_

**WOMEN ONLY**

Number of pregnancies \_\_\_\_\_ Ages of children \_\_\_\_\_

Do you plan on having any more children? \_\_\_\_\_

